



## Crawley Swim Club Age Group Short Course Girls Records - Age on the Day



Updated 11.03.25

### Freestyle

| Girls     | 8/9 Years |                |            | 10 Years |                   |            | 11 Years |                      |            | 12 Years |                     |            | 13 Years |                |            |
|-----------|-----------|----------------|------------|----------|-------------------|------------|----------|----------------------|------------|----------|---------------------|------------|----------|----------------|------------|
|           | Time      | Name           | Date       | Time     | Name              | Date       | Time     | Name                 | Date       | Time     | Name                | Date       | Time     | Name           | Date       |
| 50 Free   | 34.46     | Emma Eades     | 23/02/2008 | 31.74    | Emma Harding      | 10/04/2004 | 30.78    | Isabella Rose Berlin | 20/09/2013 | 28.89    | Zara Williams       | 08/01/2006 | 27.88    | Mai Alland     | 17/03/2007 |
| 100 Free  | 1:17.08   | Sophie Brooks  | 11/01/2004 | 1:11.69  | Emma Harding      | 21/03/2004 | 1:06.30  | Federica Williamson  | 10/01/2009 | 1:03.15  | Federica Williamson | 21/02/2009 | 1:01.15  | Mai Alland     | 17/03/2007 |
| 200 Free  | 2:47.88   | Sophie Brooks  | 18/01/2004 | 2:30.00  | Emma Harding      | 28/05/2004 | 2:21.40  | Emma Harding         | 21/05/2005 | 2:16.44  | Keira Narraway      | 26/11/2016 | 2:13.10  | Keira Narraway | 25/11/2017 |
| 400 Free  | 6:02.20   | Sophie Brooks  | 17/01/2004 | 5:31.55  | Emma Harding      | 28/02/2004 | 4:56.35  | Emma Harding         | 10/04/2005 | 4:50.29  | Keira Narraway      | 19/11/2016 | 4:36.32  | Emma Harding   | 25/03/2007 |
| 800 Free  | 13:33.45  | Hannah O'Grady | 11/02/2001 | 11:14.86 | Larissa Partridge | 08/02/2009 | 10:36.10 | Keira Narraway       | 05/12/2015 | 9:45.68  | Emma Harding        | 06/01/2006 | 9:32.79  | Freya Hopkins  | 05/12/2015 |
| 1500 Free |           |                |            |          |                   |            | 22:52.53 | Lucy Flatt           | 04/10/2024 | 19:21.91 | Emma Harding        | 19/03/2006 | 19:22.80 | Daisy Bond     | 28/01/2006 |
| Girls     | 14 Years  |                |            | 15 Years |                   |            | 16 Years |                      |            | 17 Years |                     |            | 18 Years |                |            |
|           | Time      | Name           | Date       | Time     | Name              | Date       | Time     | Name                 | Date       | Time     | Name                | Date       | Time     | Name           | Date       |
| 50 Free   | 27.27     | Mai Alland     | 23/02/2008 | 26.49    | Mai Alland        | 08/03/2009 | 25.93    | Mai Alland           | 07/11/2009 | 25.91    | Mai Alland          | 20/03/2011 | 26.28    | Mai Alland     | 18/03/2012 |
| 100 Free  | 59.56     | Mai Alland     | 21/10/2007 | 58.24    | Mai Alland        | 21/02/2009 | 58.11    | Mai Alland           | 27/02/2010 | 57.46    | Eleanor Morris      | 01/07/2016 | 57.49    | Mai Alland     | 25/02/2012 |
| 200 Free  | 2:07.14   | Sophie Brooks  | 21/11/2008 | 2:06.38  | Sophie Brooks     | 17/05/2009 | 2:05.75  | Jordon Sturt         | 26/10/2014 | 2:06.25  | Federica Williamson | 01/03/2014 | 2:05.36  | Ella Thornburg | 19/10/2024 |
| 400 Free  | 4:32.84   | Abby Jackson   | 08/07/2016 | 4:31.18  | Abby Jackson      | 22/10/2017 | 4:22.05  | Jordon Sturt         | 07/01/2014 | 4:24.48  | Jordon Sturt        | 17/10/2015 | 4:36.21  | Zara Williams  | 16/10/2011 |
| 800 Free  | 9:22.24   | Abby Jackson   | 05/11/2016 | 9:27.41  | Emily Toms        | 06/11/2022 | 8:53.80  | Jordon Sturt         | 06/12/2014 | 8:59.98  | Jordon Sturt        | 07/11/2015 | 10:21.97 | Daisy Bond     | 06/11/2010 |
| 1500 Free | 18:08.89  | Cali Stanton   | 01/10/2005 | 17:53.89 | Cali Stanton      | 19/03/2006 |          |                      |            | 18:16.85 | Daisy Bond          | 08/11/2009 |          |                |            |
| 19+ Years |           |                |            |          |                   |            |          |                      |            |          |                     |            |          |                |            |
| Girls     | Time      | Name           | Date       |          |                   |            |          |                      |            |          |                     |            |          |                |            |
| 50 Free   | 26.14     | Zara Williams  | 18/03/2012 |          |                   |            |          |                      |            |          |                     |            |          |                |            |
| 100 Free  | 56.64     | Zara Williams  | 17/03/2013 |          |                   |            |          |                      |            |          |                     |            |          |                |            |
| 200 Free  | 2:05.97   | Zara Williams  | 01/03/2014 |          |                   |            |          |                      |            |          |                     |            |          |                |            |
| 400 Free  | 4:30.41   | Zara Williams  | 15/03/2014 |          |                   |            |          |                      |            |          |                     |            |          |                |            |
| 800 Free  | 9:34.22   | Alexa Brown    | 11/02/2001 |          |                   |            |          |                      |            |          |                     |            |          |                |            |
| 1500 Free |           |                |            |          |                   |            |          |                      |            |          |                     |            |          |                |            |

Please ensure you contact your coach if you break a record



## Crawley Swim Club Age Group Short Course Girls Records - Age on the Day



### Backstroke

| 8/9 Years | 10 Years | 11 Years | 12 Years | 13 Years |
|-----------|----------|----------|----------|----------|
|-----------|----------|----------|----------|----------|

| Girls     |         |                     |            |          |                     |            |          |                     |            |          |                     |            |          |                |            |
|-----------|---------|---------------------|------------|----------|---------------------|------------|----------|---------------------|------------|----------|---------------------|------------|----------|----------------|------------|
|           | Time    | Name                | Date       | Time     | Name                | Date       | Time     | Name                | Date       | Time     | Name                | Date       | Time     | Name           | Date       |
| 50 Back   | 40.81   | Hannah O'Grady      | 03/03/2001 | 36.22    | Isabelle Steer      | 11/11/2017 | 33.67    | Isabelle Steer      | 20/10/2018 | 34.54    | Eleanor Morris      | 27/11/2011 | 32.97    | Abby Jackson   | 25/10/2015 |
| 100 Back  | 1:26.23 | Sophie Brooks       | 18/01/2004 | 1:19.10  | Isabelle Steer      | 26/11/2017 | 1:13.78  | Isabelle Steer      | 21/10/2018 | 1:11.56  | Federica Williamson | 01/11/2009 | 1:09.20  | Eleanor Morris | 24/11/2012 |
| 200 Back  | 3:04.47 | Sophie Brooks       | 17/01/2004 | 2:50.17  | Federica Williamson | 17/01/1997 | 2:38.64  | Federica Williamson | 17/10/2008 | 2:32.28  | Eleanor Morris      | 14/01/2012 | 2:29.04  | Sophie Brooks  | 21/04/2007 |
| 14 Years  |         |                     |            | 15 Years |                     |            | 16 Years |                     |            | 17 Years |                     |            | 18 Years |                |            |
|           | Time    | Name                | Date       | Time     | Name                | Date       | Time     | Name                | Date       | Time     | Name                | Date       | Time     | Name           | Date       |
| 50 Back   | 32.28   | Lana Howells-Davies | 14/01/2023 | 30.77    | Daisy Gilder        | 03/11/2018 | 30.63    | Daisy Gilder        | 17/11/2019 | 30.96    | Daisy Gilder        | 01/11/2020 | 30.16    | Mai Alland     | 17/03/2012 |
| 100 Back  | 1:06.77 | Eleanor Morris      | 03/03/2013 | 1:04:06  | Lana Howells-Davies | 17/12/2023 | 1:04.05  | Constance Logan     | 06/12/2024 | 1:04.58  | Eleanor Morris      | 16/10/2016 | 1:05.29  | Sophie Brooks  | 26/02/2012 |
| 200 Back  | 2:23.50 | Sophie Brooks       | 15/11/2008 | 2:20.46  | Reza Westerduin     | 22/09/2022 | 2:14.97  | Constance Logan     | 08/12/2024 | 2:16.97  | Eleanor Morris      | 19/11/2016 | 2:18.80  | Sophie Brooks  | 17/03/2012 |
| 19+ Years |         |                     |            |          |                     |            |          |                     |            |          |                     |            |          |                |            |
|           | Time    | Name                | Date       |          |                     |            |          |                     |            |          |                     |            |          |                |            |
| 50 Back   | 29.58   | Mai Alland          | 16/03/2013 |          |                     |            |          |                     |            |          |                     |            |          |                |            |
| 100 Back  | 1:09.48 | Alexa Brown         | 23/02/2002 |          |                     |            |          |                     |            |          |                     |            |          |                |            |
| 200 Back  | 2:34.37 | Lynsey Wright       | 08/09/2023 |          |                     |            |          |                     |            |          |                     |            |          |                |            |

#### Breaststroke

| 8/9 Years  |         |                     |            | 10 Years |                     |            | 11 Years |                      |            | 12 Years |                     |            | 13 Years |                     |            |
|------------|---------|---------------------|------------|----------|---------------------|------------|----------|----------------------|------------|----------|---------------------|------------|----------|---------------------|------------|
|            | Time    | Name                | Date       | Time     | Name                | Date       | Time     | Name                 | Date       | Time     | Name                | Date       | Time     | Name                | Date       |
| 50 Breast  | 45.51   | Hannah O'Grady      | 24/03/2001 | 41.31    | Emma Eades          | 21/02/2009 | 37.73    | Isabella Rose Berlin | 20/09/2013 | 33.76    | Federica Williamson | 08/11/2009 | 34.79    | Federica Williamson | 27/02/2010 |
| 100 Breast | 1:38.31 | Hannah O'Grady      | 24/02/2001 | 1:30.06  | Rohanna Murphy      | 22/06/2018 | 1:20.41  | Federica Williamson  | 27/09/2008 | 1:13.44  | Federica Williamson | 30/10/2009 | 1:13.14  | Emma Allatt-File    | 14/12/2019 |
| 200 Breast | 3:36.85 | Hannah O'Grady      | 03/03/2001 | 3:11.96  | Federica Williamson | 17/11/2007 | 2:53.65  | Federica Williamson  | 11/01/2009 | 2:42.96  | Federica Williamson | 06/12/2009 | 2:40.13  | Emma Allatt-File    | 17/11/2019 |
| 14 Years   |         |                     |            | 15 Years |                     |            | 16 Years |                      |            | 17 Years |                     |            | 18 Years |                     |            |
|            | Time    | Name                | Date       | Time     | Name                | Date       | Time     | Name                 | Date       | Time     | Name                | Date       | Time     | Name                | Date       |
| 50 Breast  | 33.94   | Federica Williamson | 16/10/2011 | 32.78    | Federica Williamson | 25/02/2012 | 32.72    | Federica Williamson  | 08/12/2013 | 32.69    | Federica Williamson | 01/03/2014 | 32.98    | Mai Alland          | 25/02/2012 |
| 100 Breast | 1:12.95 | Emma Allatt-File    | 01/11/2020 | 1:12.38  | Emma Allatt-File    | 04/06/2021 | 1:10.43  | Federica Williamson  | 07/12/2013 | 1:11.35  | Federica Williamson | 01/03/2014 | 1:12.57  | Eleanor Morris      | 23/06/2017 |
| 200 Breast | 2:38.68 | Emma Allatt-File    | 04/11/2020 | 2:37.16  | Federica Williamson | 26/02/2012 | 2:34.96  | Federica Williamson  | 08/12/2013 | 2:35.88  | Federica Williamson | 16/03/2014 | 2:42.72  | Natalie Dobson      | 03/03/2013 |
| 19+ Years  |         |                     |            |          |                     |            |          |                      |            |          |                     |            |          |                     |            |
|            | Time    | Name                | Date       |          |                     |            |          |                      |            |          |                     |            |          |                     |            |
| 50 Breast  | 33.04   | Mai Alland          | 02/03/2001 |          |                     |            |          |                      |            |          |                     |            |          |                     |            |
| 100 Breast | 1:14.60 | Natalie Dobson      | 01/03/2014 |          |                     |            |          |                      |            |          |                     |            |          |                     |            |
| 200 Breast | 3:01.65 | Linda Sprigge       | 15/03/2003 |          |                     |            |          |                      |            |          |                     |            |          |                     |            |

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### Crawley Swim Club Age Group Short Course Girls Records - Age on the Day



#### Butterfly

| 8/9 Years |         |               |            | 10 Years |                  |            | 11 Years |                     |            | 12 Years |              |            | 13 Years |              |            |
|-----------|---------|---------------|------------|----------|------------------|------------|----------|---------------------|------------|----------|--------------|------------|----------|--------------|------------|
|           | Time    | Name          | Date       | Time     | Name             | Date       | Time     | Name                | Date       | Time     | Name         | Date       | Time     | Name         | Date       |
| 50 Fly    | 38.80   | Sophie Brooks | 07/12/2003 | 36.42    | Daisy Marchant   | 15/09/2007 | 33.69    | Isabelle Steer      | 24/11/2018 | 32.46    | Emily Toms   | 16/11/2019 | 29.57    | Abby Jackson | 25/10/2015 |
| 100 Fly   | 1:28.14 | Sophie Brooks | 18/01/2004 | 1:18.73  | Bethany Faulkner | 27/05/2001 | 1:14.07  | Federica Williamson | 21/11/2008 | 1:08.93  | Emily Toms   | 14/12/2019 | 1:04.44  | Abby Jackson | 18/10/2015 |
| 200 Fly   | 3:41.06 | Sophie Brooks | 10/01/2004 | 2:54.47  | Bethany Faulkner | 26/05/2001 | 2:40.73  | Emma Harding        | 21/05/2005 | 2:28.93  | Emma Harding | 28/05/2006 | 2:25.98  | Emma Harding | 14/01/2007 |

|         | 14 Years |              |            | 15 Years |               |            | 16 Years |                 |            | 17 Years |                |            | 18 Years |                |            |
|---------|----------|--------------|------------|----------|---------------|------------|----------|-----------------|------------|----------|----------------|------------|----------|----------------|------------|
| Girls   | Time     | Name         | Date       | Time     | Name          | Date       | Time     | Name            | Date       | Time     | Name           | Date       | Time     | Name           | Date       |
| 50 Fly  | 28.88    | Abby Jackson | 18/12/2015 | 28.62    | Abby Jackson  | 16/12/2016 | 28.71    | Abby Jackson    | 20/10/2018 | 27.92    | Ella Thornburg | 14/12/2023 | 27.42    | Ella Thornburg | 07/12/2024 |
| 100 Fly | 1:02.57  | Abby Jackson | 23/10/2016 | 1:03.48  | Abby Jackson  | 21/10/2017 | 1:02.17  | Abby Jackson    | 03/11/2018 | 1:01.53  | Abby Jackson   | 05/12/2019 | 1:01.15  | Abby Jackson   | 14/12/2019 |
| 200 Fly | 2:18.47  | Abby Jackson | 20/11/2016 | 2:17.64  | Sophie Brooks | 08/11/2009 | 2:12.22  | Maisie Thornton | 07/12/2019 | 2:13.77  | Abby Jackson   | 07/12/2019 | 2:19.38  | Sophie Brooks  | 26/02/2012 |

| 19+ Years |         |             |            |
|-----------|---------|-------------|------------|
| Girls     | Time    | Name        | Date       |
| 50 Fly    | 27.64   | Alexa Brown | 10/08/2001 |
| 100 Fly   | 1:02.26 | Alexa Brown | 17/01/2001 |
| 200 Fly   | 2:25.35 | Alexa Brown | 17/06/2001 |

#### Individual Medley

|        | 8/9 Years |                     |            | 10 Years |                     |            | 11 Years |                     |            | 12 Years |                     |            | 13 Years |                  |            |
|--------|-----------|---------------------|------------|----------|---------------------|------------|----------|---------------------|------------|----------|---------------------|------------|----------|------------------|------------|
| Girls  | Time      | Name                | Date       | Time     | Name                | Date       | Time     | Name                | Date       | Time     | Name                | Date       | Time     | Name             | Date       |
| 100 IM | 1:31.13   | Hannah O'Grady      | 01/04/2001 | 1:23.41  | Emma Eades          | 22/02/2009 | 1:17.24  | Hannah O'Grady      | 15/03/2003 | 1:13.39  | Emma Allatt-File    | 06/07/2018 | 1:08.84  | Emma Allatt-File | 20/10/2019 |
| 200 IM | 3:09.62   | Federica Williamson | 05/01/2007 | 2:52.46  | Federica Williamson | 17/11/2007 | 2:39.73  | Federica Williamson | 21/11/2008 | 2:31.19  | Federica Williamson | 01/11/2009 | 2:28.87  | Emma Allatt-File | 16/11/2019 |
| 400 IM | 7:54.46   | Hannah Patchett     | 21/04/2007 | 6:10.71  | Federica Williamson | 17/11/2007 | 5:40.19  | Federica Williamson | 15/11/2008 | 5:25.20  | Federica Williamson | 07/03/2009 | 5:13.82  | Freya Hopkins    | 22/11/2015 |

|        | 14 Years |                  |            | 15 Years |               |            | 16 Years |                 |            | 17 Years |                |            | 18 Years |                |            |
|--------|----------|------------------|------------|----------|---------------|------------|----------|-----------------|------------|----------|----------------|------------|----------|----------------|------------|
| Girls  | Time     | Name             | Date       | Time     | Name          | Date       | Time     | Name            | Date       | Time     | Name           | Date       | Time     | Name           | Date       |
| 100 IM | 1:07.67  | Emma Allatt-File | 23/12/2020 | 1:07.25  | Mai Alland    | 08/03/2009 | 1:05.16  | Eleanor Morris  | 18/12/2015 | 1:04.26  | Eleanor Morris | 16/12/2016 | 1:05.19  | Eleanor Morris | 07/07/2017 |
| 200 IM | 2:25.39  | Bethany Faulkner | 29/05/2005 | 2:25.45  | Sophie Brooks | 01/11/2009 | 2:16.42  | Maisie Thornton | 14/12/2019 | 2:17.29  | Eleanor Morris | 01/07/2016 | 2:18.06  | Eleanor Morris | 30/06/2017 |
| 400 IM | 5:09.73  | Sophie Brooks    | 23/02/2008 | 5:07.44  | Sophie Brooks | 07/03/2009 | 4:51.63  | Maisie Thornton | 19/10/2019 | 4:56.19  | Eleanor Morris | 15/10/2016 | 5:22.33  | Natalie Dobson | 02/03/2013 |

| 19+ Years |         |                        |            |
|-----------|---------|------------------------|------------|
| Girls     | Time    | Name                   | Date       |
| 100 IM    | 1:06.20 | Sophy Croydon-Kempster | 20/10/2019 |
| 200 IM    | 2:29.31 | Alexa Brown            | 23/02/2002 |
| 400 IM    | 5:19.25 | Alexa Brown            | 17/06/2001 |

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