



## Crawley Swim Club Open Long Course Records - Age on the Day

Updated 11.03.25



| 50m Freestyle   |                     |          |                                        | 50m Breastroke  |                     |         |                                     |
|-----------------|---------------------|----------|----------------------------------------|-----------------|---------------------|---------|-------------------------------------|
| Mens            | Harry Robinson      | 23.73    | English Summer National 2/8/23         | Mens            | George Hopkins      | 28.04   | British Summer Champs 25/7/18       |
| Womens          | Zara Williams       | 26.21    | SER Champs 6/5/18                      | Womens          | Federica Williamson | 33.45   | National Youth Champs 6/8/14        |
| 100m Freestyle  |                     |          |                                        | 100m Breastroke |                     |         |                                     |
| Mens            | Harry Robinson      | 52.03    | English Summer National 4/8/23         | Mens            | George Hopkins      | 1:03.19 | British Summer Champs 31/7/18       |
| Womens          | Zara Williams       | 58.20    | Sussex County Champs 10/2/18           | Womens          | Federica Williamson | 1:12.49 | South Zonal Meet 25/1/14            |
| 200m Freestyle  |                     |          |                                        | 200m Breastroke |                     |         |                                     |
| Mens            | Paul Webster        | 1:51.76  | British Swimming Olympic Trial 7/4/04  | Mens            | Adam Harrington     | 2:25.68 | Northampton SC May Open 20/5/12     |
| Womens          | Sophie Brooks       | 2:08.44  | British Gas Youth Champs 30/7/09       | Womens          | Sophie Moore        | 2:35.82 | British Champs 5/4/23               |
| 400m Freestyle  |                     |          |                                        | 50m Fly         |                     |         |                                     |
| Mens            | Paul Webster        | 4:00.51  | British Champs 7/4/04                  | Mens            | Harry Robinson      | 25.85   | Crawley Speedo Meet 7/1/23          |
| Womens          | Jordon Sturt        | 4:30.45  | London South Region Zonal Meet 31/1/15 | Womens          | Ella Thornburg      | 28.02   | Sussex County Champs 22/02/25       |
| 800m Freestyle  |                     |          |                                        | 100m Fly        |                     |         |                                     |
| Mens            | Adam Harrington     | 8:25.74  | Scottish National Champs 27/6/09       | Mens            | Matthew Powell      | 56.56   | British Gas National Champs 25/7/09 |
| Womens          | Jordon Sturt        | 9:13.00  | London South Region Zonal Meet 31/1/15 | Womens          | Ella Thornburg      | 1:02.14 | Sussex County Champs 09/02/25       |
| 1500m Freestyle |                     |          |                                        | 200m Fly        |                     |         |                                     |
| Mens            | Paul Webster        | 16:05.24 | C O Sheffield Winter Meet 4/12/04      | Mens            | Paul Webster        | 2:04.99 | National Youth Champs 11/8/02       |
| Womens          | Charlotte Robertson | 17:43.77 | Sussex County Champs 7/3/10            | Womens          | Maisie Thornton     | 2:15.05 | Sussex County Champs 8/2/20         |
| 50m Backstroke  |                     |          |                                        | 200m IM         |                     |         |                                     |
| Mens            | Samuel Pease        | 25.99    | Crawley L1 Spring Meet 9/4/23          | Mens            | Adam Harrington     | 2:02.05 | National Youth Champs 18/7/12       |
| Womens          | Abby Jackson        | 31.11    | Sussex County Champs 23/2/20           | Womens          | Eleanor Morris      | 2:19.67 | SER Champs 1/5/17                   |
| 100m Backstroke |                     |          |                                        | 400m IM         |                     |         |                                     |
| Mens            | Adam Harrington     | 56.75    | National Youth Champs 17/7/12          | Mens            | Adam Harrington     | 4:19.30 | British Gas Champs 3/3/12           |
| Womens          | Eleanor Morris      | 1:06.80  | Sussex County Champs 27/2/16           | Womens          | Maisie Thornton     | 4:58.90 | British Summer Champs 23/7/19       |
| 200m Backstroke |                     |          |                                        |                 |                     |         |                                     |
| Mens            | Adam Harrington     | 2:02.69  | British Gas Champs 18/3/09             |                 |                     |         |                                     |
| Womens          | Eleanor Morris      | 2:21.06  | English Summer Nationals 5/8/16        |                 |                     |         |                                     |

Please ensure you contact your coach if you break a record