



Crawley Swim Club Age Group Long Course Girls Records - Age on the Day



Updated 09.12.25

Freestyle															
8/9 Years				10 Years			11 Years			12 Years			13 Years		
Girls	Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
50 Free	35.97	Federica Williamson	07/10/2006	33.21	Emma Harding	22/05/2004	31.44	Isabelle Steer	10/02/2018	29.84	Mai Alland	01/04/2006	29.15	Zara Williams	20/01/2007
100 Free	1:22.30	Federica Williamson	08/10/2006	1:10.76	Emma Harding	23/05/2004	1:06.26	Keira Narraway	13/02/2016	1:03.79	Keira Narraway	11/02/2017	1:02.03	Sophie Brooks	26/01/2008
200 Free	3:01.86	Federica Williamson	08/10/2006	2:37.30	Bethany Faulkner	01/07/2001	2:25.99	Emma Harding	11/05/2005	2:18.68	Emma Allatt-File	23/02/2019	2:12.54	Emma Harding	31/03/2007
400 Free	8:11.41	Abigail Woollard	20/12/2015	5:26.54	Emma Harding	16/05/2004	5:02.59	Keira Narraway	25/03/2016	4:49.74	Emma Harding	03/06/2019	4:40.53	Emma Harding	01/04/2007
800 Free				12:37.70	Hannah Patchett	10/02/2008	10:24.31	Keira Narraway	19/03/2016	9:57.89	Keira Narraway	18/03/2017	9:41.66	Emma Harding	15/04/2007
1500 Free										19:23.06	Federica Williamson	13/06/2009	19:25.11	Natalie Dobson	02/03/2008
14 Years				15 Years			16 Years			17 Years			18 Years		
Girls	Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
50 Free	27.46	Mai Alland	03/05/2008	26.41	Mai Alland	02/08/2009	26.55	Mai Alland	09/05/2010	26.61	Mai Alland	11/03/2011	26.47	Mai Alland	09/03/2012
100 Free	1:00.16	Sophie Brooks	24/01/2009	59.88	Sophie Brooks	28/07/2009	1:00.26	Zara Williams	24/10/2009	58.48	Ella Thornburg	02/08/2024	57.86	Ella Thornburg	20/04/2025
200 Free	2:09.75	Abby Jackson	01/08/2016	2:08.44	Sophie Brooks	30/07/2009	2:08.72	Jordon Sturt	14/03/2015	2:08.62	Ella Thornburg	24/07/2024	2:07:69	Ella Thornburg	05/05/2025
400 Free	4:38.48	Abby Jackson	10/04/2016	4:31.45	Jordon Sturt	05/04/2014	4:30.45	Jordon Sturt	31/01/2015	4:30.54	Jordon Sturt	23/05/2015	4:44.28	Eleanor Morris	08/04/2017
800 Free	9:34.11	Abby Jackson	02/05/2016	9:22.60	Jordon Sturt	04/04/2014	9:13.00	Jordon Sturt	31/01/2015	9:17.31	Charlotte Robertson	18/04/2010	9:51.42	Mai Alland	05/02/2012
1500 Free	18:18.80	Cali Stanton	27/11/2005	18:11.94	Emily Toms	22/07/2022	18:05.36	Emily Toms	24/03/2023	18:39.58	Daisy Bond	07/03/2010	19:59.57	Hirkiranjit Sandhu	24/03/2023
19+ Years															
Girls	Time	Name	Date												
50 Free	26.21	Zara Williams	06/05/2018												
100 Free	58.20	Zara Williams	10/02/2018												
200 Free	2:11.61	Zara Williams	17/11/2013												
400 Free	4:48.67	Zara Williams	05/05/2012												
800 Free															
1500 Free															

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Crawley Swim Club Age Group Long Course Girls Records - Age on the Day



Backstroke

8/9 Years	10 Years	11 Years	12 Years	13 Years
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Girls	Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
50 Back	46.05	Saskia Spencer	08/03/2020	39.32	Isabelle Steer	26/02/2017	35.12	Isabelle Steer	26/05/2018	32.08	Isabelle Steer	02/08/2019	33.40	Amaia Lopez	23/02/2020
100 Back	1:37.13	Saskia Spencer	07/03/2020	1:25.85	Isabelle Steer	25/02/2017	1:17.99	Keira Narraway	27/02/2016	1:12.80	Isabelle Steer	07/04/2019	1:11.81	Eleanor Morris	16/12/2012
200 Back	3:14.80	Federica Williamson	21/10/2006	2:54.90	Bethany Faulkner	01/07/2001	2:45.87	Bethany Faulkner	06/08/2002	2:30.54	Saskia Spencer	05/08/2023	2:31.53	Eleanor Morris	15/12/2012

14 Years				15 Years			16 Years			17 Years			18 Years		
Girls	Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
50 Back	32.60	Lana Howells-Davies	12/02/2023	31.46	Lana Howells-Davies	04/08/2023	31.53	Daisy Gilder	04/05/2019	31.16	Sophie Moore	29/04/2023	31.11	Abby Jackson	23/02/2020
100 Back	1:07.72	Eleanor Morris	27/07/2013	1:08.40	Lana Howells-Davies	06/08/2023	1:07.68	Eleanor Morris	04/10/2015	1:05:60	Constance Logan	01/08/2025	1:07.75	Abby Jackson	13/02/2020
200 Back	2:25.16	Eleanor Morris	25/05/2013	2:23.65	Eleanor Morris	29/03/2014	2:23.93	Maisie Thornton	06/04/2019	2:19:34	Constance Logan	23/07/2025	2:21.26	Eleanor Morris	29/04/2017

19+ Years			
Girls	Time	Name	Date
50 Back	31.61	Mai Alland	13/04/2013
100 Back	1:11.60	Alexa Brown	06/05/2002
200 Back	2:38.57	Alexa Brown	04/05/2002

Breaststroke

8/9 Years				10 Years			11 Years			12 Years			13 Years		
Girls	Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
50 Breast	49.54	Poppy Underhill	25/09/2022	42.80	Rohanna Murphy	17/06/2018	38.96	Emma Allatt-File	10/02/2018	35.38	Federica Williamson	21/11/2009	34.83	Emma Allatt-File	08/02/2020
100 Breast	1:43.58	Federica Williamson	07/10/2006	1:34.20	Rohanna Murphy	17/06/2018	1:22.51	Federica Williamson	04/10/2008	1:15.53	Federica Williamson	21/11/2009	1:14.93	Federica Williamson	31/07/2010
200 Breast	3:46.20	Federica Williamson	07/10/2006	3:22.60	Hannah O'Grady	09/02/2002	2:57.81	Federica Williamson	04/10/2008	2:48.87	Federica Williamson	21/11/2009	2:42.05	Emma Allatt-File	09/02/2020

14 Years				15 Years			16 Years			17 Years			18 Years		
Girls	Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
50 Breast	34.88	Federica Williamson	20/11/2011	33.82	Federica Williamson	22/04/2012	34.39	Mai Alland	21/11/2009	33.45	Federica Williamson	06/08/2014	34.06	Mai Alland	20/11/2011
100 Breast	1:15.14	Federica Williamson	06/03/2011	1:14.27	Federica Williamson	09/05/2012	1:13.90	Federica Williamson	03/08/2013	1:12.49	Federica Williamson	25/01/2014	1:15.42	Eleanor Morris	12/02/2017
200 Breast	2:42.03	Emma Allatt-File	14/03/2020	2:42.98	Tya Allum	03/05/2008	2:39.05	Sophie Moore	24/07/2022	2:35.82	Sophie Moore	05/04/2023	2:44.10	Eleanor Morris	26/02/2017

19+ Years			
Girls	Time	Name	Date
50 Breast	33.98	Mai Alland	31/07/2013
100 Breast	1:21.26	Sophy Croydon-Kempster	17/03/2019
200 Breast	2:55.40	Sophy Croydon-Kempster	17/03/2019

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Crawley Swim Club Age Group Long Course Girls Records - Age on the Day



Butterfly															
8/9 Years				10 Years			11 Years			12 Years			13 Years		
Girls	Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
50 Fly	43.27	Saskia Spencer	22/02/2020	35.50	Bethany Faulkner	30/06/2001	34.32	Daisy Marchant	22/03/2008	31.67	Emma Allatt-File	23/02/2019	29.52	Abby Jackson	28/07/2015
100 Fly	1:48.99	Emily Shields	11/02/2024	1:21.91	Sophie Brooks	12/06/2004	1:14.67	Sophie Brooks	28/01/2006	1:10.65	Emma Harding	03/06/2006	1:06.58	Abby Jackson	17/05/2015
200 Fly				2:57.04	Bethany Faulkner	01/07/2001	2:41.00	Bethany Faulkner	23/06/2002	2:30.64	Emma Harding	15/04/2006	2:28.11	Emma Harding	30/07/2006
14 Years				15 Years			16 Years			17 Years			18 Years		

Girls	Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
50 Fly	28.43	Abby Jackson	27/07/2016	28.55	Abby Jackson	19/04/2017	28.51	Abby Jackson	27/05/2018	28.30	Ella Thornburg	04/05/2024	28.02	Ella Thornburg	22/02/2025
100 Fly	1:02.42	Abby Jackson	31/07/2016	1:02.95	Abby Jackson	12/03/2017	1:03.09	Maisie Thornton	25/01/2020	1:02.27	Abby Jackson	28/07/2019	1:01.41	Ella Thornburg	19/04/2025
200 Fly	2:18.88	Abby Jackson	28/07/2016	2:18.24	Abby Jackson	27/07/2017	2:16.33	Maisie Thornton	24/01/2020	2:15.05	Maisie Thornton	08/02/2020	2:18.88	Abby Jackson	15/02/2020

19+ Years

Girls	Time	Name	Date
50 Fly	28.15	Alexa Brown	11/04/2002
100 Fly	1:03.49	Alexa Brown	02/06/2001
200 Fly	2:30.25	Alexa Brown	06/12/2002

Individual Medley

	8/9 Years			10 Years			11 Years			12 Years			13 Years		
Girls	Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
200 IM	3:29.73	Federica Williamson	21/10/2006	2:55.13	Bethany Faulkner	30/09/2001	2:41.19	Federica Williamson	27/07/2008	2:33.05	Emma Allatt-File	24/02/2019	2:30.75	Emma Allatt-File	23/02/2020
400 IM				6:17.94	Sophie Brooks	19/12/2004	5:49.02	Federica Williamson	01/06/2008	5:31.08	Federica Williamson	31/05/2009	5:23.15	Freya Hopkins	27/02/2016
	14 Years			15 Years			16 Years			17 Years			18 Years		
Girls	Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date	Time	Name	Date
200 IM	2:30.22	Eleanor Morris	08/06/2013	2:28.49	Eleanor Morris	01/06/2014	2:23.43	Maisie Thornton	26/01/2020	2:22.01	Maisie Thornton	23/02/2020	2:19.67	Eleanor Morris	01/05/2017
400 IM	5:15.76	Freya Hopkins	29/05/2016	5:24.57	Jordon Sturt	13/06/2013	4:58.90	Maisie Thornton	23/07/2019	5:03.83	Maisie Thornton	22/02/2020	5:02.95	Eleanor Morris	28/05/2017
	19+ Years														
Girls	Time	Name	Date												
200 IM	2:36.42	Alexa Brown	28/06/1998												
400 IM															
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