



## Crawley Swim Club Open Long Course Records - Age on the Day



Updated 23.03.24

50m Freestyle				50m Breastroke			
Mens	Harry Robinson	23.73	English Summer National 2/8/23	Mens	George Hopkins	28.04	British Summer Champs 25/7/18
Womens	Zara Williams	26.21	SER Champs 6/5/18	Womens	Federica Williamson	33.45	National Youth Champs 6/8/14
100m Freestyle				100m Breastroke			
Mens	Harry Robinson	52.03	English Summer National 4/8/23	Mens	George Hopkins	1:03.19	British Summer Champs 31/7/18
Womens	Zara Williams	58.20	Sussex County Champs 10/2/18	Womens	Federica Williamson	1:12.49	South Zonal Meet 25/1/14
200m Freestyle				200m Breastroke			
Mens	Paul Webster	1:51.76	British Swimming Olympic Trial 7/4/04	Mens	Adam Harrington	2:25.68	Northampton SC May Open 20/5/12
Womens	Sophie Brooks	2:08.44	British Gas Youth Champs 30/7/09	Womens	Sophie Moore	2:35.82	British Champs 5/4/23
400m Freestyle				50m Fly			
Mens	Paul Webster	4:00.51	British Champs 7/4/04	Mens	Harry Robinson	25.85	Crawley Speedo Meet 7/1/23
Womens	Jordon Sturt	4:30.45	London South Region Zonal Meet 31/1/15	Womens	Alexa Brown	28.15	British Champs 11/4/02
800m Freestyle				100m Fly			
Mens	Adam Harrington	8:25.74	Scottish National Champs 27/6/09	Mens	Matthew Powell	56.56	British Gas National Champs 25/7/09
Womens	Jordon Sturt	9:13.00	London South Region Zonal Meet 31/1/15	Womens	Abby Jackson	1:02.27	British Summer Champs 28/7/19
1500m Freestyle				200m Fly			
Mens	Paul Webster	16:05.24	C O Sheffield Winter Meet 4/12/04	Mens	Paul Webster	2:04.99	National Youth Champs 11/8/02
Womens	Charlotte Robertson	17:43.77	Sussex County Champs 7/3/10	Womens	Maisie Thornton	2:15.05	Sussex County Champs 8/2/20
50m Backstroke				200m IM			
Mens	Samuel Pease	25.99	Crawley L1 Spring Meet 9/4/23	Mens	Adam Harrington	2:02.05	National Youth Champs 18/7/12
Womens	Abby Jackson	31.11	Sussex County Champs 23/2/20	Womens	Eleanor Morris	2:19.67	SER Champs 1/5/17
100m Backstroke				400m IM			
Mens	Adam Harrington	56.75	National Youth Champs 17/7/12	Mens	Adam Harrington	4:19.30	British Gas Champs 3/3/12
Womens	Eleanor Morris	1:06.80	Sussex County Champs 27/2/16	Womens	Maisie Thornton	4:58.90	British Summer Champs 23/7/19
200m Backstroke							
Mens	Adam Harrington	2:02.69	British Gas Champs 18/3/09				
Womens	Eleanor Morris	2:21.06	English Summer Nationals 5/8/16				

**Please ensure you contact your coach if you break a record**