



## **Overseas Swim Camp: Code of Conduct for Members**

### **General behaviour**

1. I will treat all members of, and persons associated with, the Swim England with due dignity and respect.
2. I will treat everyone equally and never discriminate against another person associated with Swim England on any grounds including that of age, sexual orientation, gender, faith, ethnic origin or nationality.
3. I will not use inappropriate or abusive language, bullying, harassment, or physical violence and could result in action being taken through the disciplinary or child welfare policies.
4. I will always display a high standard of behaviour at all times.
5. I will report any poor behaviour by others to an appropriate official.
6. I will recognise and celebrate the good performance and success of fellow club and team members.
7. I will respect the privacy of others, especially in the use of changing facilities

### **Coaching instruction:**

Please accept the instruction and guidance of the coach at all times and without delay. Show respect by listening to and following their instructions. You may be told to sit out part of the session if you do not do so. Please give your best 100% of the time.

### **Be on Time:**

Lateness disrupts the session for other swimmers. Without a valid reason, lateness may result in the coach not allowing you to swim. Always visit the toilet and take a shower before entering the pool. It should not be necessary to leave the pool during your session except in an emergency. Please make sure you have all of your equipment with you including drinks bottles.

**For your safety:**

Please **do not** go onto poolside unless the coach or a designated adult is present or run or mess around on the poolside or in the water. Never tamper with pool equipment.

**Respect:**

Show respect for other users of T3 training centre, especially in the changing rooms, where a good standard of behaviour is expected at all times

**Illness or medical condition:**

If you have any medical condition please ensure that is reported to the Camp staff and recorded in your records and in relation to any condition that may require a prescribed medicine, please ensure that you have access to it on poolside e.g. inhaler

**During Training**

1. I will treat my coach and fellow members with respect.
2. I will make my coach aware if I have difficulties in attending training sessions as per the rules laid down for my squad.
3. I will arrive in good time on poolside before the training session starts to complete poolside warm up as directed by my coach.
4. I understand that if I arrive late, I must report to my coach before entering the pool.
5. I will ensure that I have all of my equipment with me, e.g. paddles, kick boards, hats, goggles, etc.
6. If I need to leave the pool for any reason during training, I will inform my coach before doing so.
7. I will listen to what my coach is telling me at all times and obey any instructions given.
8. I will always swim to the wall as I would do in a race, and I will practise turns as instructed.
9. I will not stop and stand in the lane, or obstruct others from completing their training.
10. I will not pull on the ropes as this may injure other members.

11. I will not skip lengths or sets – to do so means I would only be cheating myself.

12. I will think about what I am doing during training, and if I have any problems, I will discuss them with my coach at an appropriate time.

13. If I have any problems with the behaviour of fellow members, I will report them at the time to an appropriate adult (coach or team manager).

**Breaches of this Code of Conduct may result in disciplinary action being taken against you by the club committee.**

Signature of the child .....

Signature of Parent/Guardian .....

Date.....

Written 04.06.2023

