

**ASA South East Region Championships
Youth Qualifying Times 2012**



<u>BOYS</u>		<u>AUTO QT</u>	<u>BASE TIME</u>
50m	Freestyle	26.80	27.30
100m	Freestyle	57.90	59.80
200m	Freestyle	2.05.00	2.07.00
400m	Freestyle	4.28.60	4.33.00
1500m	Freestyle	17.25.00	17.50.00
50m	Breaststroke	34.70	35.10
100m	Breaststroke	1.14.00	1.16.50
200m	Breaststroke	2.40.70	2.46.50
50m	Butterfly	29.60	30.30
100m	Butterfly	1.04.60	1.06.80
200m	Butterfly	2.23.90	2.27.70
50m	Backstroke	30.80	31.10
100m	Backstroke	1.05.00	1.06.50
200m	Backstroke	2.20.90	2.22.80
200m	Ind Medley	2.23.50	2.25.50
400m	Ind Medley	5.04.00	5.11.40

<u>GIRLS</u>		<u>AUTO QT</u>	<u>BASE TIME</u>
50m	Freestyle	29.20	29.60
100m	Freestyle	1.02.50	1.03.50
200m	Freestyle	2.14.90	2.15.90
400m	Freestyle	4.43.50	4.47.50
800m	Freestyle	9.44.90	9.51.60
50m	Breaststroke	37.30	37.70
100m	Breaststroke	1.19.40	1.20.40
200m	Breaststroke	2.51.10	2.53.30
50m	Butterfly	31.90	32.30
100m	Butterfly	1.10.10	1.11.50
200m	Butterfly	2.33.00	2.36.00
50m	Backstroke	33.50	33.90
100m	Backstroke	1.09.10	1.10.40
200m	Backstroke	2.28.90	2.31.00
200m	Ind Medley	2.31.70	2.33.80
400m	Ind Medley	5.22.40	5.27.10

There is a single set of qualifying times that apply to all age groups for the Youth Championships.

All times must be set in a competition licensed at Level 1, 2 or 3 since 1st October 2011.

Times stated are Short Course but Long Course times can be converted with the ASA equivalent performance tables.